O P JINDAL SCHOOL, SAVITRI NAGAR

Session 2020-21

Class-XI

Physical Education

Worksheet no-2

(Chapter-1-Changing Trends & Career in Physical Education)

Date- 14/07/2020

Answer the following questions in short:

Q. 1 Write the Definition of Physical Education by 'R J B Nash'?

Q .2 How Physical Education develops us 'Emotionally'?

Q. 3 Discuss the difference between Elementary school & Middle school Teachers.

Q. 4 How a coaching can be a better career option in Physical Education?

Q. 5 Industrial Recreation is option as a career in Physical Education. Discuss.

Q. 6 What opportunities are there by Sports industry concern with Physical Education?

Q. 7 Write any five International Tournaments in game 'Cricket'.

Q. 8 Why 'Khelo India programme' has launched in India?

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